

MEDICAL MESSAGES (45-hrs - \$225.00 ea.)

TMT-301	Medical Massage (General)
TMT-302	Anxiety Disorders Massage
TMT-303	Auto-Immune Disorders Massage
TMT-305	Arthritis Massage
TMT-307	Backache Massage
TMT-310	Cardiovascular Massage
TMT-312	Carpel Tunnel Syndrome Massage
TMT-314	Chronic Fatigue Syndrome Massage
TMT-315	Cystic Fibrosis Massage
TMT-316	Massage for Depression
TMT-318	Dermatitis Massage
TMT-320	Diabetes Massage
TMT-321	Dry Skin Massage
TMT-322	Fibromyalgia Massage
TMT-324	Hair Loss Massage
TMT-325	Headache & Migraine Massage
TMT-327	Multiple Sclerosis Massage
TMT-330	Oncology (Cancer) Massage
TMT-335	Orthopedic Massage
TMT-340	PTSD - Massage

MISC. EDUCATIONAL PROGRAMS (45-hrs - \$225.00 ea.)

TMT-402	Acupressure & Cupping
TMT-403	Aromatherapy
TMT-404	Grief Recovery
TMT-405	Health Counseling & Coaching
TMT-406	Natural Medicine
TMT-407	Pilates
TMT-408	Polarity
TMT-409	Reflexology
TMT-410	Reiki & Healing Touch
TMT-411	Shiatsu
TMT-412	Tai-Chi & Qi Gong
TMT-413	Trigger Point Therapy
TMT-414	Trans-Cultural Health
TMT-415	Yoga & Meditation
TMT-416	Nutrition & Health

**ENHANCE YOUR KNOWLEDGE.
GET YOUR CERTIFICATION & BECOME A SPECIALIST**

**INCREASE YOUR INCOME & GET REFERRALS FROM
OUR SCHOOL, LOCAL CLINICS, DOCTORS,
OTHER THERAPISTS & YOUR CLIENTS.**

MASSAGE THERAPY INSTRUCTOR PROGRAM



19-courses - 570 Clock Hours - Tuition: \$2,970

TMT-501	Introduction to Teaching
TMT-502	Fundamentals of Adult Learning
TMT-505	Pedagogy in Teaching Massage
TMT-506	Teaching Massage Theory & Practice
TMT-507	Teaching & Managing a Diverse Class
TMT-510	Introduction to Clinical Training in MT
TMT-515	Teaching Pathology- Integumentary System
TMT-516	Teaching Pathology-Musculoskeletal System
TMT-517	Teaching Pathology- Nervous System
TMT-518	Teaching Pathology- Circulatory System
TMT-519	Teaching Pathology- Lymphatic System
TMT-520	Teaching Pathology- Respiratory System
TMT-521	Teaching Pathology- Digestive System
TMT-522	Teaching Pathology- Endocrine System
TMT-523	Teaching Pathology- Urinary System
TMT-524	Teaching Pathology- Reproductive System
TMT-530	Trans-Cultural Health
TMT-550	Independent Study in Teaching Massage
TMT-590	Teaching Research Literacy in Massage

**Approved & Licensed
by the State of Michigan**

**Member - American Massage
Therapy Association (AMTA)**

**Member - Alliance for Massage
Therapy Education (AFMTE)**

248-822-6000 or 586-573-7300
 **americanacademyedu.org**
 **info@americanacademyedu.org**



**AMERICAN ACADEMY
OF INTERNATIONAL
EDUCATION**

YOUR SCHOOL OF LIFE-LONG LEARNING
41800 Hayes Rd • Clinton Twp., MI 48038



**THERAPEUTIC
MASSAGE**

**Michigan Licensing Program
Special Massage Modalities
International Massage Modalities
Medical Massage Specialist Program
Massage Therapy Instructor Program
Misc. Educational Programs for Massage Therapists**



**AMERICAN ACADEMY
OF INTERNATIONAL
EDUCATION**

Academic Program For Licensure

Therapeutic Massage is the scientific art & system of assessment and systematic manual application of a technique to the superficial soft tissue of the skin, muscles, tendons, ligaments, and fascia, as well as to the structures that lie within the superficial tissue, by means of the hand, foot, knee, arm, elbow, and forearm.

The manual techniques involve systematic application of touch, stroking (effleurage), friction, vibration, percussion, kneading (petrissage), stretching, compression, or passive & active joint movements with the normal physiologic range of motion. These modalities establish and maintain good physical conditions and health by normalizing & improving muscle tone, promoting relaxation, stimulating circulation, and producing therapeutic effects on the respiratory and nervous systems and the subtle interactions among all body systems.

The 625-hour 1-Year Certificate course offered by the American Academy of International Education (AAIE) is required for the examination & licensing by the State of Michigan. This comprehensive training in Massage Therapy at AAIE provides you with extensive knowledge of Human Anatomy, Physiology and a variety of modalities in Massage Therapy. Take optional courses and be a Specialist.

The evidenced-based research & enhanced knowledge about the benefits of Therapeutic Massage plus significant change in demographics and elderly population, has created a huge demand for qualified Massage Therapists to work at Hospitals, Physical Therapy, Chiropractic & Outpatient Clinics, Rehabilitation Centers, Acute or Long Term Care Facilities, Nursing Homes, Industrial & Corporate Health Centers, Athletic and Sports Facilities, Fitness Centers, etc.

The Comprehensive & unique Programs of AAIE also trains you to set-up your own private clinic. Become a Specialist & enjoy higher income and prestige in a rapidly growing profession.

New Classes start in January, April, July and October. Financial help may be available from the Michigan Works. AAIE also offers facility to pay the tuition in easy payments, without any interest or service-charge. Classes are held during the day, evening or weekends for your convenience.

Trimester-1 Hrs.

TMT-101	Intro to Therapeutic Massage	25
TMT-102	Healthcare & Bodywork	25
TMT-104	Laws, Regulations of Healthcare	10
TMT-105	Human Anatomy & Physiology1	45
TMT-107	Clinical Kinesiology	35

Trimester-2 Hrs.

TMT-106	Human Anatomy & Physiology2	45
TMT-109	Fundamental Principles of Massage	20
TMT-110	Pathology & Pathophysiology	40
TMT-112	Effects of Touch, Massage & Bodywork	30
TMT-115	Physical Exam, History, Assessment & Care Plan	30

Trimester-3 Hrs.

TMT-117	Communication Skills for M/T	20
TMT-123	Therapeutic Environment	20
TMT-130*	Application of Techniques	45
TMT-125	Wellness Model	30
TMT-127*	Clinical Reasoning & Treatment Planning	30
TMT-136	Professional Ethics	10
TMT-137	Documentation & Client Records	15

Trimester-4 Hrs.

TMT-129*	Organization & Management of Client Sessions	30
TMT-121	Self-Massage	20
TMT-120	Self-Care & Prevention of Burnout	20
TMT-132	Equipment & Supplies	20
TMT-135*	Professional Boundaries	30
TMT-138	Business of Massage Therapy	15
TMT-140	Research Literacy & Thesis	15

**The Clinical Training of 75 Hours is included in Trimester 3 & 4*

Tuition: \$5,900.00 incl. Lab Fee & Clinical

Admission Fee: \$100.00

Books are NOT included (cost from \$150-\$300)

For registration and more information, please contact American Academy of International Education at info@americanacademyedu.org, go to our website at www.americanacademyedu.org or call 248-822-6000

OPTIONAL PROGRAMS (45-hrs - \$225.00each)

TMT-150	Independent Study in Massage Therapy
TMT-190	Research in Therapeutic Massage

SPECIAL MASSAGE MODALITIES

TMT-151	Soft Tissue Massage
TMT-152	Deep Tissue Massage
TMT-154	Therap. Treat't of Head, Neck & Foot
TMT-155	On-Site (Chair) Massage
TMT-156	Baby Massage
TMT-160	Face Lift Massage
TMT-162	Geriatric Massage
TMT-170	Hot Stone Massage
TMT-172	Sensual Massage
TMT-175	Lymphatic Massage
TMT-177	Hydrotherapy
TMT-178	Myofascial Massage
TMT-179	Myotherapy
TMT-180	Neuromuscular Massage
TMT-182	Orthopedic Massage
TMT-183	Orthobionomy Massage
TMT-184	Chronic Pain Massage
TMT-185	Pregnancy (Pre & Perinatal) Massage
TMT-186	Sports Massage

INTERNATIONAL MASSAGE MODALITIES

TMT-201	African Massage
TMT-203	Ayurvedic(East Indian)Massage
TMT-208	Chinese Massage
TMT-210	Jamu (Indonesian)Massage
TMT-212	Lomi-Lomi Hawaiian Massage
TMT-215	Maya Abdominal Massage for Women
TMT-216	Maya Abdominal Massage for Men
TMT-218-	Oriental (Japanese) Massage - Amma
TMT-220	Swedish Massage
TMT-225	Thai Massage

TMT-401-A	CPR & First Aid-Adults	8 hrs.	\$65.00
TMT-401-B	CPR & First Aid- Baby/Infants	8 hrs.	\$65.00