

HEALTH COACH

2-Year Diploma Program
(1,440 Clock Hours)



Faculty Of Health & Medicine

AMERICAN ACADEMY OF INTERNATIONAL EDUCATION

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An Ounce of Prevention is Worth a Pound of Cure

YOUR SCHOOL OF LIFE-LONG LEARNING
APPROVED BY THE STATE OF MICHIGAN SINCE 2011

CURRICULUM & INFORMATION

HEALTH COACH

Coaching is one of the most popular professions in the world. According to Wikipedia, Coaching is a form of development in which a person called a ‘Coach’ supports a learner or client in achieving a specific personal or professional goal by providing training & guidance.

Health Coaching is the use of evidence-based skillful conversation, knowledge and strategies to assessing, screening, documenting and developing sustainable programs, to actively and safely engage client/patient in self-care, health behavior/lifestyle change and attain optimal health.

American Academy of International Education offers a challenging & comprehensive 2-Year, 1440 clock-hour program to become ‘Health Coach’. We use non-traditional, case-study basis, thought-provoking teaching methodologies, based on research, statistics & current issues in the ever-changing healthcare system.

Competency-based accelerated program, based on exemptions, credits for previous studies, experience, research or examination may allow you to complete the program in less than 2-years. Most courses, including ‘Continuing Education’ or ‘Specialization’ can be completed with guided self-study & YouTube labs. Some classes, workshops and labs may also be held at AAIE campus, including practical training.

With greater emphasis on prevention, nutrition, and motivational interviewing techniques, the curriculum empowers you to learn to effectively guide your clients’ health journey, working closely with the team of health providers, thus helping reduce the burgeoning cost of healthcare.

This unique course is designed to train professionals from many healthcare related fields, including Physicians, Nurses, NPs, PAs, Mental Health Practitioners, Social-Workers, Therapists, etc. and those who truly care to help the youth, elderly, women and our communities to become happy and healthy thru self-care and behavior modifications.

We require that our students exhibit excellent interpersonal communication, soft-skills like empathy, organizational & negotiating skills, and the ability to develop high levels of medical & technical competence across a wide variety of disciplines. A genuine desire to help the client become physically & mentally healthier is fundamental, and required to becoming a successful **Health Coach**.

DIPLOMA PROGRAM: 32-Courses, 1440 Clock Hours - Tuition: \$7,900.00

* 8 hours CPR & First Aid Course is Mandatory. The Fee is NOT included in the tuition

Trimester-1

ENG-101	English Composition-1	45 hrs.			MED-125	Clinical & Diagnostic Procedures	45 hrs.
MED-101	Introduction to Healthcare	45 “			BUS-103	Introduction to Marketing	45 hrs.
BIO-201	Fundamentals of Microbiology	45 “			MED-210	Preventive Medicine	45 hrs.
MED-105	Human Anatomy & Physiology	45 “			SOC-101	Introduction to Sociology	45-hrs.

Trimester-5

Trimester-2

ENG-102	English Composition-2	45 hrs.			NTN-210	Nutritional Assessment	45 hrs.
PSY-101	Introduction to Psychology	45 “			PSY-210	Psychology in Business	45 hrs.
MED-205	Human Anatomy & Physiology	45 “			BUS-250	Public Relations	45 hrs.
MED-102	Human Growth & Development	45 “			MED-218	Pathophysiology	45 hrs.

Trimester-6

Trimester-3

MED-104	Medical Professional Ethics	45 hrs.			MED-210	Health Disparities	45 hrs.
BUS-101	Introduction to Business	45 “			NMD-101	Introduction to Natural Medicine	45 hrs.
MED-109	Health Conditions & Diseases	45 “			MED-107	Health & Nutrition	45 hrs.
NTN-101	Understanding Nutrition	45 “			SPA-101	Spanish As a Second Language	45 hrs.

Trimester-7

Trimester-4

MED-106	Health Assessment/Physical Exam	45 hrs.			COM-105	Interpersonal Communication	45 hrs.
MED-110	Fundamentals of Patient Care	45 “			NTN-201	Nutrition	45 hrs.
CUL-101	Multicultural Studies	45 “			MED-202	Mental Health	45 hrs.
MED-204	Health Counseling & Coaching	45 “			BUS-219	Crisis & Conflict Management	45 hrs.

Trimester-8

- Internship & practical training is provided at the school clinic open to public, and possibly at hospitals, clinics & healthcare providers’ offices, senior centers, community centers, etc.